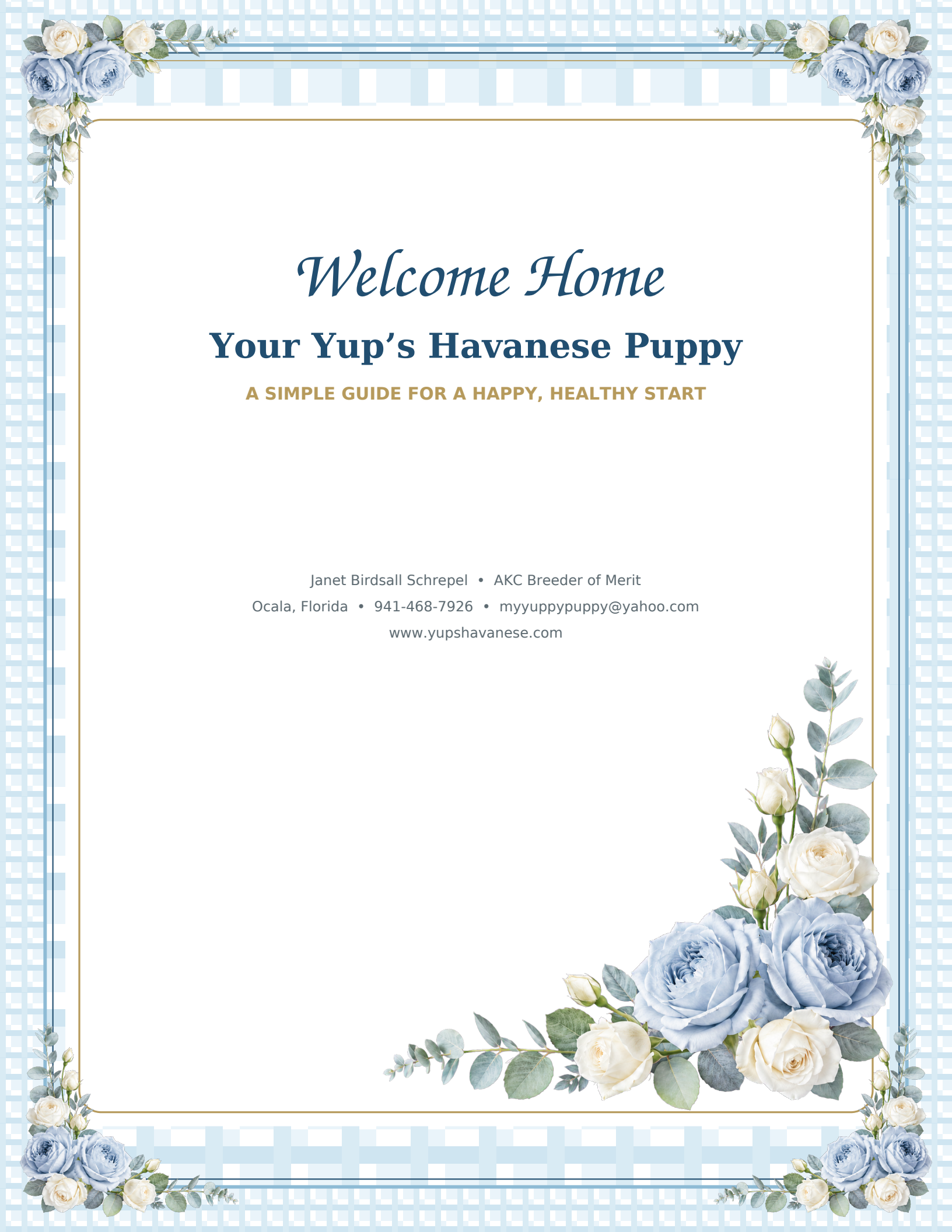




Welcome Home

Your Yup's Havanese Puppy

A SIMPLE GUIDE FOR A HAPPY, HEALTHY START

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Yuppy Puppy

NEW PUPPY OWNER GUIDE

www.yupshavanese.com

Dear New Yuppy Puppy Owner,

First, I want to thank you for becoming part of our family. I know the first few weeks and months can be the hardest, but they are also some of the most special.

- 🐾 Right now, your puppy is eating a small amount of dry food mixed with canned **Cesar's**. They also enjoy dry food with **PetFresh** crumbled in—about one-third cup, three times a day, for a total of approximately three-fourths of a cup daily.
- 🐾 I recommend continuing to feed whatever your puppy is eating well and adjusting as needed to keep them happy and thriving. **Fresh water** should always be available, except when your puppy is crated for a nap.
- 🐾 Be sure to provide plenty of appropriate chew items during this stage, such as **bones, hooves, pig's ears (no rawhide)**, and a variety of toys to help with teething and keep your puppy engaged.
- 🐾 It is perfectly fine to bathe your puppy whenever needed, and ideally every 7–10 days. After bathing, blow your puppy out on a **cool setting only**. Do not use a hot dryer, as this can dehydrate your puppy's skin and coat.
- 🐾 Nails should be trimmed every **10–14 days**. This is also a great time to clean their ears and brush their teeth so it becomes part of a regular routine.
- 🐾 I do like to supplement puppies with vitamins that include **Vitamin C, glucosamine, and chondroitin**. These are available in many forms such as **Happy Hips, Zuke's Hip Action**, hip packs, and soft chew treats. You can begin supplements around 12 weeks of age.

🐾 Stress-induced diarrhea is very common when bringing a new puppy home—remember, their whole world has just changed. It is okay to give your puppy **Imodium A-D** or **Pepto-Bismol** as discussed on your shopping list. You can also temporarily switch to a bland diet of chicken and rice (mostly rice with extra water) until stools return to normal, then gradually transition back to regular food.

🐾 It is **highly recommended** to carry pet health insurance. Options include **Healthy Paws, Trupanion (True Companion)**, or **AKC insurance**. If you choose AKC, as I personally do, customize your plan and be sure to include hereditary and genetic coverage.

🐾 Place your insurance the **day before your first vet visit**. This helps protect you against pre-existing condition clauses. There is typically a **15-day waiting period**, so timing matters. Also, make sure your vet documents that everything—especially patellas—is within normal limits at that first visit.

🐾 One day, you will understand why I strongly encourage you to never cancel your pet insurance. When that day comes, you will be very grateful you have it. It is extremely reasonable for the peace of mind it provides.

♥ SPAY/NEUTER PERIOD ♥

I recommend neutering your puppy around six months of age, and it is **mandatory** to be completed by seven months. On the day of **surgery**, you are only doing three things:

- 1 **Pre-surgical bloodwork** – to ensure liver, kidney, and platelet function are normal. If anything is not within normal limits, please call me.
- 2 **Spay or neuter** – and repair any hernia if present.
- 3 **Removal of retained baby teeth** – if needed.

That's it. No additional vaccines or procedures should be done that day. If your puppy has a reaction, you need to know exactly what caused it.

- 🐾 Also, please do not use a **flex (retractable)** lead on your puppy. It is simply not safe.
- 🐾 Do not take your puppy to pet stores, dog parks, or other public dog areas until all vaccinations are complete. Avoid rest stops or any place where unknown dogs have been. This is extremely important for your puppy's health and safety.

Most of all—enjoy your baby... time flies. ♥





Yuppy Puppy

♥ A LETTER FROM YOUR PUPPY ♥

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To My New Family,

- 🐾 I am your puppy, and I will love you until the end of the earth. But please know a few things about me...
- 🐾 I am a puppy. This means my intelligence and capacity for learning are the same as an eight-month-old child.
- 🐾 I am a puppy. I will chew everything I can get my teeth on. This is how I explore and learn about the world. Even human children put things in their mouths. It's up to you to guide me to what is mine to chew and what is not.
- 🐾 I am a puppy. I cannot hold my bladder for longer than one or two hours. I cannot "feel" that I need to poop until it is actually beginning to happen. I cannot tell you I need to go, and I will not have full bladder and bowel control until I am about six to nine months old.
- 🐾 So please, do not punish me if I have an accident after being left too long. I promise—I am not being bad.
- 🐾 It is important to remember that I need to go potty after eating, sleeping, playing, drinking, and about every one to two hours in between.
- 🐾 If you want me to sleep through the night, please don't give me water after 7:00 p.m.
- 🐾 A crate will help me learn to housebreak faster—and it will help keep you from getting upset with me.
- 🐾 I am a puppy. Accidents will happen. Please be patient with me... I will learn.
- 🐾 I am a puppy. I love to play! I will run around, chase imaginary monsters, chase your feet and toes, and sometimes get a little wild. I might chase fuzzballs, other pets, or even little kids. It's not bad behavior—it's just what I do.
- 🐾 Please don't expect me to be calm, quiet, or sleep all day. I'm learning and growing. If my energy ever feels like too much, it's okay to reach out for guidance.
- 🐾 My play is important—it helps me grow. Please guide me with appropriate toys and activities like rolling a ball, gentle tug games, and lots of things I am allowed to chew.
- 🐾 If I nip too hard, talk to me in "dog language." A loud yelp helps me understand—that's how puppies communicate with each other.
- 🐾 If I get too rough, you can ignore me for a moment or give me a short "time out" in my crate with a toy.
- 🐾 I am a puppy. You wouldn't yell at or hurt a six-month-old baby, so please don't do that to me. I am delicate and impressionable. If I am treated harshly, I will grow up learning fear instead of trust.
- 🐾 Please guide me with patience, love, and understanding.
- 🐾 If I chew something I shouldn't, simply say "no chew" and give me something that is mine. Even better—keep things picked up that you don't want me to get into. I truly don't know the difference between your old sock and your favorite one... or your old shoes and your expensive ones.

🐾 I am a puppy with feelings, instincts, and needs—just like you, but also very different. I am not a human in a dog suit, but I am also not a robot. I truly want to please you. I want to be part of your family. Please don't send me to live outside when I get bigger. I want to be with you. Don't judge me—teach me. Shape me into the kind of companion you want me to be.

I am not perfect... but I know you aren't either. And I will love you anyway.

Please learn about me—through your veterinarian, my breeder (my first mommy), books, and even online. Learn about my breed and why I do the things I do.

Teach me with love and patience. Take me to training classes or puppy classes so we can learn together and have fun.

I am a puppy... and more than anything, I want to love you, be with you, and make you happy. Won't you take the time to understand me?

We are the same, you and I—we both feel hunger, pain, thirst, fear, and love. But we are also different, and we must learn each other's language.

♥ One day, I will grow into a beautiful dog—one you can be proud of. And I will love you just as much then as I doo right now.

Love,





Dog Housetraining, Crate & Home Safety

The winning formula is simple: prevent accidents, go outside often, reward immediately, and supervise closely.

When to Take Your Puppy Out

- Immediately after waking, eating, drinking, energetic play, training, excitement, or leaving the crate.
- Frequently while awake. A young puppy cannot reliably hold its bladder for long periods.
- Before bed and first thing in the morning.

The Potty Routine

1	Carry or walk your puppy on leash to the same quiet potty area.
2	Use one calm cue, such as “Go potty,” and wait without turning it into playtime.
3	The instant your puppy finishes, praise warmly and give a tiny reward.
4	If nothing happens, return indoors under close supervision and try again shortly.

If an accident happens, interrupt gently if you catch it in progress, take the puppy outside, and clean the area with an enzymatic pet cleaner. Never rub the puppy’s nose in an accident or punish after the fact.

Using the Crate

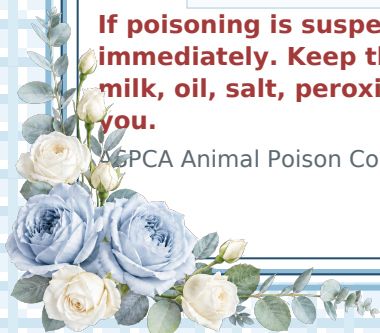
- Make the crate comfortable and just large enough to stand, turn around, and lie down. Use a divider as the puppy grows.
- Feed treats or meals in the crate and practice short, pleasant sessions while you are nearby.
- The crate is a safe resting place—not punishment or all-day storage. At night, keep it near you at first.

Puppy-Proofing & Poison Safety

FOODS	HOME & YARD	MEDICATIONS / PRODUCTS
Chocolate • grapes/raisins • xylitol • onions/garlic • alcohol • caffeine • macadamia nuts • moldy food • cooked bones	Rodent bait • pesticides • antifreeze • cleaners • batteries • nicotine/vapes • cannabis • toxic plants • compost • fertilizers • pool chemicals	All human medicines • unprescribed pet medicines • vitamins • creams • inhalers • essential oils • flea/tick products not labeled for this puppy

If poisoning is suspected, call your veterinarian, an emergency hospital, or pet poison control immediately. Keep the package and estimated amount available. Do not induce vomiting or give milk, oil, salt, peroxide, charcoal, food, or medication unless a veterinary professional instructs you.

ASPCA Animal Poison Control: 888-426-4435 • Pet Poison Helpline: 855-764-7661



Yup's Havanese

PUPPY CARE QUICK GUIDE



Helpful Hints & Tips from Yup's Havanese

FEEDING

Adults: Approximately ½ to 1 cup of food per day, divided into 2 meals.

Puppies: Approximately ¼ to ½ cup of food, 3 times per day.

If your puppy becomes picky, try mixing in a small amount of:

- 🐾 Cottage Cheese
- 🐾 Chicken
- 🐾 Cheese
- 🐾 Yogurt
- 🐾 Canned Pumpkin

TREATS

My favorite treats are things found in the refrigerator:

- 🐾 Cheese
- 🐾 Ham
- 🐾 Turkey
- 🐾 Chicken
- 🐾 Green Beans

Havanese love to work for treats!

LOOSE STOOLS & DIARRHEA

At the first sign of loose stools:

- 🐾 Give Canned Pumpkin
- 🐾 Give Yogurt with Live Cultures

If that doesn't work:

Give Imodium AD

- 🐾 **Puppies:** ½ caplet every 4 hours
- 🐾 **Adults:** 1 caplet every 4 hours

Be sure the product does NOT contain Xylitol.

VACCINES & REACTIONS

Havanese are very susceptible to vaccine reactions.

WE DO NOT GIVE:

- 🐾 **Lepto • Corona**

GIVING LEPTO OR CORONA WILL VOID YOUR HEALTH GUARANTEE.

Recommended vaccines:

- 🐾 Distemper • Hepatitis • Parvo
- 🐾 Parainfluenza • Bordetella

RABIES SHOULD ALWAYS BE GIVEN BY ITSELF.

- 🐾 **After any vaccine injection:**
Remain at the veterinarian's office for approximately 30 minutes.
- 🐾 Watch closely for swelling, itching, scratching, or reactions around the eyes, lips, or genital area.
- 🐾 **At the first sign of a reaction:**
Give Benadryl immediately and head toward your veterinarian or emergency clinic.

GENERALIZED "NOT FEELING WELL"

This is why I recommend keeping Nutri-Cal and Orange Gatorade on hand.

If your puppy:

- 🐾 Played hard
- 🐾 Won't eat
- 🐾 Seems weak
- 🐾 Has low blood sugar
- 🐾 Is vomiting
- 🐾 Has loose stools

Give:

- 🐾 Nutri-Cal on the roof of the mouth
- 🐾 5cc Orange Gatorade every 2 hours

Before calling me at 941-468-7926, check:

- ♥ Temperature
- ♥ Gum Color
- ♥ Vomiting?
- ♥ Diarrhea?
- ♥ Other Symptoms?

STINGS & BUG BITES

Keep Liquid Benadryl on hand.

Dosage:

- 🐾 **Puppies:** 1 ml
- 🐾 **Adults:** 1 caplet

Give three times daily if needed.

Be sure the product does NOT contain Xylitol.

CAR RIDES

This is very important and will set the tone for how your puppy travels for life.

- 🐾 Take your puppy everywhere in the beginning!
- 🐾 Never allow your puppy to ride in your lap, in the front seat, or loose in the vehicle.
- 🐾 A secured crate in the back seat is best.

For car sickness:

- 🐾 Give Metoclopramide (Dramamine 2)
- 🐾 You may also give 1cc Benadryl

Before long rides, give approximately ½ teaspoon Nutri-Cal.

DOGGY NORMALS

- 🌡 **Temperature:** 100°-102°F
- 🫀 **Pulse:** 70-130 beats per minute
- 🫁 **Respiration:** 10-30 breaths per minute
- 🦷 **Gums:**
Pink = Healthy
White = Emergency

THINGS TO KEEP ON HAND

- 🐾 Imodium AD
- 🐾 Canned Pumpkin
- 🐾 Orange Gatorade
- 🐾 Liquid Benadryl
- 🐾 Nutri-Cal or Nutri-Stat
- 🐾 Monistat (Ear Infections)

HEARTWORM, FLEAS, TICKS & DEWORMING

Once your puppy reaches:

- 🐾 16 weeks of age
- 🐾 At least 5 pounds

Switch to:

- 🐾 NexGard
- 🐾 Heartgard

Always give medications after a good meal and on separate days.

SOCIALIZING

The most important part of training.

Take your puppy with you often:

- 🐾 Stores • Outdoor Cafés
- 🐾 Friends' Homes • Drive-Thrus
- 🐾 Family Outings

The more experiences they have, the more confident and well-adjusted they become.

Never leave your puppy in a hot car.

GROOMING



Nails

Trim regularly. Play with feet often so nail trims are easy and stress-free.



Ears

Remove excess ear hair and keep ears clean and dry. After bathing, place alcohol in the ear canal to help prevent moisture issues.



Bathing

Bathe every 7-10 days. Always use conditioner after shampooing.

SHREDDING

This is a Havanese specialty!

They love to shred:

- 🐾 Paper Towels • Kleenex • Toilet Paper
- 🐾 Newspapers • Magazines • Pee Pads



Shredding is part of being a Havanese. Learn to laugh and enjoy it!

PUPPY BITING

Normal puppy behavior.

Do not encourage biting by:

- 🐾 Wiggling fingers
- 🐾 Using hands as toys
- 🐾 Letting puppy bite hair or clothing

If puppy bites:

1. Say "NO BITE" firmly.
2. Give a brief time-out.
3. Be consistent every time.

GROWLING

Do not allow growling behavior.

Pick puppy up calmly, make eye contact, and firmly say:



"NO GROWL."



Follow with a brief time-out.

Children should not correct growling behavior.

Never punish a dog after the fact!

941-468-7926



Grooming Your Havanese

A Havanese coat is beautiful, but it needs consistent care. Gentle handling now prevents grooming struggles later.

Weekly Care

- Comb and brush thoroughly to the skin several times each week—or daily for a longer coat. Pay special attention behind ears, under legs, at the collar, and around the tail.
- Use a metal comb to confirm that no tangles remain. Brushing only the surface can leave mats underneath.
- Check eyes and gently clean discharge with a clean, damp cloth. Ask your veterinarian about persistent redness, squinting, odor, or heavy discharge.
- Check ears for odor, redness, pain, or excess debris. Use only a veterinarian-approved ear cleaner; never insert cotton swabs into the ear canal.
- Brush teeth with dog toothpaste. Human toothpaste is unsafe for pets.
- Trim nails often enough that they do not click or change the way the puppy stands. Ask a groomer or veterinary team to demonstrate.

Bathing & Drying

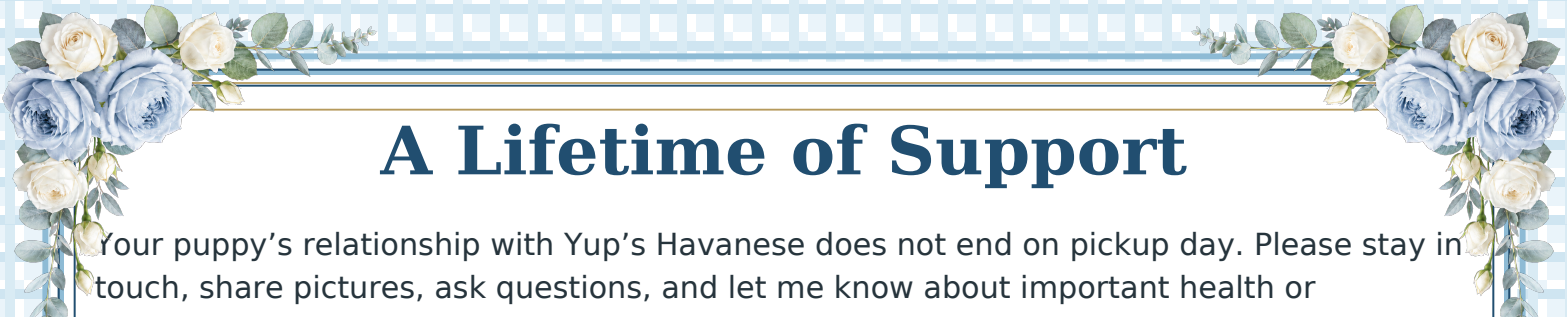
Bathe as needed with a gentle dog shampoo. Detangle before bathing, rinse completely, and dry the coat thoroughly while brushing in sections. Mats tighten when wet. Keep the puppy warm and supervise around tubs and sinks.

Professional Grooming

Begin calm grooming visits early after your veterinarian approves. Even if you prefer a puppy cut, regular home combing, nail care, ear checks, and dental care remain essential.

Pin brush • metal comb • detangling spray • dog shampoo/conditioner • dog toothbrush and toothpaste • nail trimmer or grinder • styptic powder • towels • cool or low-heat dryer





A Lifetime of Support

Your puppy's relationship with Yup's Havanese does not end on pickup day. Please stay in touch, share pictures, ask questions, and let me know about important health or behavioral developments.

Please Contact Me If...

- ☐ You have a question about the puppy's transition, routine, grooming, training, or records.
- ☐ Your veterinarian identifies a significant congenital, hereditary, or ongoing health concern.
- ☐ Your address, phone number, email, or the puppy's living situation changes.
- ☐ You are ever unable to keep the dog. Contact me before advertising, surrendering, selling, gifting, or transferring the dog, as required by your purchase agreement.

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"The goal is not a perfect puppy. It is a safe, confident, much-loved companion who knows you are home."

Medical note

This guide offers general education and does not replace examination, diagnosis, or treatment by a licensed veterinarian. Follow your veterinarian's instructions for your individual puppy. In an emergency, contact a veterinary hospital immediately.

Current-reference review: American Animal Hospital Association canine vaccination guidance; U.S. Food and Drug Administration pet-medication safety guidance; ASPCA Animal Poison Control resources. Reviewed July 2026.

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